

# Traffic Skills






# 101

# March 28



**Did you just purchase your first bike? Are you new to riding on public roadways? Do you ride everyday, but want to know more about riding safely?**

Regardless of your skill level, Traffic Skills 101 (TS101) is a fast-paced class that will give you the confidence to ride safely and legally in traffic or on the trail. This is a League of American Bicyclists *Ride Smart* class brought to you by Bicycling In Greensboro. Among other things, you will learn:

-  **How to conduct bicycle safety checks**
-  **How to fix a flat**
-  **On-bike skills**
-  **Crash avoidance techniques**
-  **NC bicycle laws**

All instructors are League Cycling Instructors (LCIs) certified by the League of American Bicyclists. Participants must be at least 14 years old.

**All this + LUNCH \$25!  
(\$15 for BIG members)**

For more information or to register for TS101

[www.bikegso.org](http://www.bikegso.org)  
336.949.ROLL (7655)  
[education@bikegso.org](mailto:education@bikegso.org)

The class will be held on the campus of UNCG and lunch is provided.

Preference will be given to those who have registered and paid by midnight March 21, 2015.

